

REPLY CARD

(PLEASE PRINT)

Name _____

Address _____

Postcode _____

Telephone _____

Email _____

If you prefer to receive information and updates
by email – please tick here
or by post – please tick here

Please tear off this form, place it in an
envelope (no need for a stamp) and post to:

Freepost Business Reply Service
Licence No. BH1902
LINKs
The Pokesdown Centre
896 Christchurch Road
Bournemouth
Dorset
BH7 6BR

We will process the personal information you give us to help provide you with the assistance, information or services you need and for administrative and statistical purposes. By completing and returning this form to us you are giving your consent for this information to be used for these purposes. We will not disclose personal information about you to any other person or organisation without your permission.

FOLD



Your voice on local health and social care

**Help and Care –
supporting your local LINK**

Get in touch and have your say:

 **0300 111 0102**

 **contact@makesachange.org.uk**

 **www.makesachange.org.uk**



**03 numbers cost no more to dial than local
or national 01 and 02 numbers, and are
included in all mobile bundle packages.**

**To request this document in your own
language, in large print or on audio tape,
please contact LINKs with your full address.**



Help and Care is the Host Organisation for your LINK
Help and Care is a Company Limited by guarantee.
Registered in England and Wales.
Registered Company No. 3187574
Registered Charity No. 1055056

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Your voice on local health and social care



MAKES A CHANGE!

**To make your voice heard, log on to
www.makesachange.org.uk
or call 0300 111 0102**

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YOUR CHANCE TO SPEAK OUT

Ever wanted to speak up about a health or social care service in your area but not known how? It might have been to offer an opinion on how things could be improved, or talk about an experience – good or bad.

Well, now you have the opportunity.

HOW DOES A LINK WORK?

A LINK (Local Involvement Network) is a network of local people and groups. It listens to what people like you have to say about health and social care services in your area, and tells councils and the NHS what it has discovered. They are legally obliged to give the LINK any information it asks for and to respond to any recommendations the LINK makes.



HOW CAN I HAVE MY SAY?

Your local LINK wants to hear from you what you think about your local health or social care services – good or bad. There are lots of different ways you can do this. For instance, you can talk to someone, fill in a questionnaire or online survey or attend a meeting.

If you want to make your voice heard, either:

- Register online at www.makesachange.org.uk
- Fill in the reply card, tear it off and post it to the address on the back
- Call us on 0300 111 0102
- Email contact@makesachange.org.uk



Your voice on local health and social care

REPLY CARD

- Yes, I would like to register my interest in, and receive information about, LINKs

I am interested in services in (please tick):

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Bournemouth | <input type="checkbox"/> Bracknell Forest |
| <input type="checkbox"/> Dorset | <input type="checkbox"/> Isle of Wight |
| <input type="checkbox"/> Oxfordshire | <input type="checkbox"/> Poole |
| <input type="checkbox"/> Slough | <input type="checkbox"/> Somerset |
| <input type="checkbox"/> Torbay | <input type="checkbox"/> West Berkshire |
| <input type="checkbox"/> West Sussex | <input type="checkbox"/> Windsor, Ascot & Maidenhead |
| <input type="checkbox"/> Wokingham | |

Where did you get this leaflet?

(please complete your contact details overleaf)

